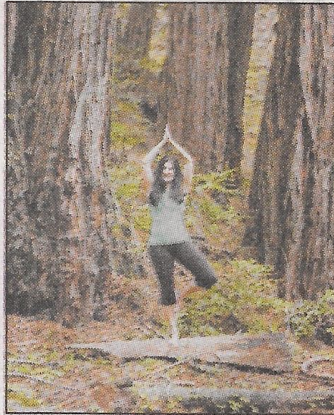




And Now This



ROBERT ELLIS PHOTOGRAPHY

Out on a limb

Surely you shall never see, a thing so lovely as ... a whole bunch of people pretending to be trees — and doing it to save trees, no less.

Here's the concept from fitness expert Annette Cain down in Monterey: Plant a tree pose — a yoga pose in which you balance on one leg as the "root" of your tree, with your abdominal core as the trunk and your arms as the branches. Then have someone snap your photo (your own limbs will be too busy to balance a selfie stick). Then upload the shot to www.plantatreepose.com along with \$1 donated to one of three tree-planting nonprofits, either Trees for the Future, Project GreenHands or the Earth Day Network's Canopy Project. Not only will you help the planet, but your image will be incorporated into a photo mosaic by artist Robert Silvers, creating a virtual forest of tree posers to be revealed on a building in New York City on Earth Day, April 22.

Then you may relax your pose so that, in summer, you won't have to wear a nest of robins in your hair.